



Reflection on Action Form

Reflective practice is an integral part of working as an advanced practitioner. A deliberate, systematic, critical analysis of practice develops self-awareness, professional knowledge, and personal expertise.

In this final step of CNS-CP recertification, the CNS-CP takes time to thoughtfully reflect on his/her skills, actions, beliefs, and abilities, and their impact on practice. Future learning needs are identified which may be incorporated into the next recertification cycle.

This activity should be regarded as a process to review and analyze experiences encountered while meeting Professional Development Plan goals; identify how the experiences informed changes to current practice; their impact on patient outcomes; and any future learning needs.

Instructions:

Choose one meaningful incident related to your learning plan. Your narrative should include the following.

Reflection should not exceed 1000 words.

1. What was your role?

2. Describe the event. Description should be well-structured, concise, relevant, and capture the essence of the situation. Events should be clearly presented so that a person not familiar with the event can understand what happened.

3. What went well?

4. What did not go as planned? Provide specific examples.

5. What new knowledge gained from this experience has been most relevant to your practice? Include the impact on patients/families, multidisciplinary team members, and/or systems/organizations in your discussion.

6. What are additional areas for improvement? What additional help or support is needed to be successful in these areas?

7. Provide a summary of the activities used to meet your learning goals. Actual documents DO NOT need to be submitted unless audited.