CNAMB Recertification Program

Reflection Form – Initial Certification

1. Please refer to the score report you received upon passing the CNAMB certification examination. What do you perceive as your strengths and areas for improvement based on these test results?
2. Were you surprised by any of the results and your performance on the subject areas of the exam?
3. Based on your certification examination results please answer this question - What can I learn or what skills can I develop to address my professional development needs in these areas?
4. Detail how the learning you describe or the skills you plan to develop will enhance your practice.

Take a moment to complete the Learning Goals Table below. Upon completing the table, return to the questions below.

1. Describe how the Learning Goals you have listed in the table below will assist in accomplishing your recertification requirements. How will these activities facilitate earning the points needed to accomplish recertification?
2. What steps do you need to take to complete these activities? In example, if you wish to increase your skills in financial management you might volunteer to serve on the Surgical Services Capital Equipment Purchasing Committee. That service may require volunteering to serve and then appointment to that committee. Please describe the steps you must accomplish to meet each goal.
3. What is your timeline for completing each of these activities?

Example: The Surgical Services Capital Equipment Purchasing Committee only appoints new members in March (I am completing this plan in June) and I will seek to join the committee in March 2023. Upon joining the committee, the commitment would be March 2023 – March 2024.

1. What did you learn from completing this these reflective questions?
2. How long did it take you to complete this activity?

The CNAMB recertification process is designed to allow the individual certificant considerable autonomy in devising an individualized learning plan. The goals of the program are to:

1. Encourage Self-Reflection: Certificants will assess their nursing practice by completing a self-reflection exercise and receive feedback on their practice. Through self-reflection, they will develop skills in self-directed learning, increase their motivation to learn and improve the quality of care they provide.
2. Enrich Practice: Certificants have the opportunity to learn something new that they can use in their practice.
3. Address Learning Needs: Nurses holding the CNAMB certification will demonstrate a commitment to lifelong learning by taking action on what they discover about their practice (i.e. through self-reflection and goal setting).

Based on your results in the areas covered in the CNAMB certification examination document in the chart below a minimum of three learning goals for the accrual period for your recertification. This plan should cover the remainder of the year in which you passed the CNAMB certification examination and the two years following. The CNAMB certification is good for 3 years. In the fourth year you will submit the proof of your learning activities and apply for recertification. A total of 150 points from learning activities must be earned during the accrual period.

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| --- | --- | --- |
| **Learning Goal** | | **Strategy/Methods to Reach This Goal** |
| **1** |  |  |
| **2** |  |  |
| **3** |  |  |

Note: Learning Goals should be written in the SMART format. Goals should be Specific, Measurable, Attainable, Relevant and Timely.

An example of one learning goal.

|  |  |  |
| --- | --- | --- |
| **Learning Goal** | | **Strategy/Methods to Reach This Goal** |
| **1** | To increase my knowledge levels of financial management and acquire skill in financial analysis methods. | I will serve on the Surgical Services Capital Equipment Purchasing Committee in the years 2023 and 2024. This service will engage me directly in the documentation required to substantiate capital equipment purchases supporting surgical services. I will interact with experienced committee members and learn from their work. My service will allow me to practice financial analysis methods. Committee service earns points to fulfill my CNAMB recertification requirements. |